

**Kilbride
Centre**

*Enneagram
Discussion
Group*

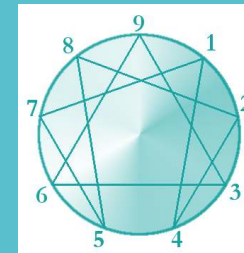
Tuesdays
From July, 2010

The Enneagram is an ancient way of understanding human personality and growth. A study of it can lead to a greater awareness and understanding of self and others.

With Mary Kingsbury

Time: 1.30 – 3.30pm
Cost: Donation

Enquiries: 9690 1076



Kilbride Centre, 52 Beaconsfield Parade, Albert Park

Email: contact@kilbridecentre.com.au

Phone: 9690 1076



**Kilbride
Centre**

Depression

**Saturday
October 16**

Dr Dina LoGuidice from the National Ageing Research & Dr Maryanne Confoy from Kilbride Centre will conduct a workshop on issues related to clinical and spiritual aspects of depression.

Time: 10am – 12.30pm
Cost: Donation

Enquiries: 9690 1076

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**Kilbride
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Ageing Gracefully

**Saturday
October 16**

*For many people later life is a season in search of meaning.
Is this an issue for you?*

Dina Loguidice M.B.B.S. Ph.D a specialist gerontologist, and & Dr Maryanne Confoy from Kilbride Centre will conduct a workshop on ageing with grace and meaning.

Time: 1.30pm – 4pm
Cost: Donation

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